

Inter American Division English Speaking Fields Week of Prayer 2026

Primary Schools

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Caribbean Union Conference

**Growing
Strong
Through
Prayer**

INTRODUCTION

Prayer is a very important part of our spiritual growth and daily walk with God. This Week of Prayer series is designed to guide students in understanding prayer not only as something we say, but as a living relationship with God that shapes our thoughts, choices, and actions. Through the stories of children and young people in the Bible, students will learn that God listens to their prayers and invites them to trust Him in every situation.

OBJECTIVES

The following objectives outline the outcomes this program seeks to realise within the school community.

1. Help students recognize the importance of personal prayer in daily life and appreciate that prayer is a conversation with God, not just a ritual.
2. Introduce students to Bible characters who demonstrate prayer in different circumstances as examples of faith-filled young people.
3. Inspire students to reflect God's love through their actions and prayers and enable them to relate Bible stories to their personal lives at school, home, and friendships.
4. Encourage students to offer their gifts and talents to God in prayer.
5. Encourage students to support each other through intercessory prayer and develop a habit of thanksgiving in both small and big matters of life.

SPECIAL ELEMENTS

There are some special elements in this Week of Prayer series which make the week more enjoyable.



1. Daily Activities

Each day there are suggested activities which serve to reinforce the principles taught and incorporate the students' participation in the program.



2. Fun Facts of Prayer (Used from the Devotions On The Go Series)

The ***Fun Facts of Prayer*** shares different aspects of prayer which make prayer an enjoyable experience with the God of heaven.



3. Daily Promotions

These are short, exciting suspense-filled promotions which serve to heighten the students' interest in the following day's experience.



4. Object Lessons

These set object lessons actively involve children, and this participation boosts engagement, focus, understanding, and a sense of ownership of the lesson.

Acknowledgements.

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Your participation is truly appreciated. Your involvement helped bring each lesson together and made the experience meaningful.

May God bless you for your willingness to serve.

Thank You

Special Greeting

Hello boys and girls,

Welcome to our series on prayer and hope! This series will help us see how special it is that we can talk to God and trust Him with everything in our lives. We will learn that when we pray, God listens. When we are afraid, He gives us courage. And even when we have to wait, He is always at work, helping us in the best way.

Through the stories of children from the Bible, we will discover how God helps His children, just like you, to make good choices, stand strong, and trust Him. You will see that prayer is not just something we do, but a way to stay close to God every day.

As we go through this series, get ready to learn, explore, and experience the joy of talking to God. Remember: God hears you, loves you, and is always with you!

I pray that these lessons help to draw you closer to Jesus.

Blessings

Sis Andrea Hudson-Hoyte
(Auntie Andrea)

Daily Program Outline

Joyful Welcome: Do a short interactive welcome and introduce the theme of the day

Sing to the Lord: Lead the children in easy-to-follow worship songs. Using hand motions encourages engagement.

Hearts Lifted to God: Invite a child or teacher to pray, asking God to bless the session and open the children's hearts to the lesson.

Special Feature: Fun Fact of Prayer- Share one of the exciting facts about prayer.

Song of the Heart: Special music

Bible Text

Theme Song

Object Lesson

Lesson Presentation

Promotion for Following Day

Closing Prayer



MONDAY

The Little Maid: Prayer That Leads to Compassion

Bible Text: "She said, 'If only my master were with the prophet who is in Samaria, He would be healed.'" – 2 Kings 5:3



Object Lesson: "The Prayer Web"

Theme: Intercessory Prayer – Praying for Others

Objective:

Show children that intercessory prayer is praying on behalf of others and that each prayer can connect and support others, like threads in a web.

Material Needed:

A ball of yarn or string

Step 1: Introduce the Concept

Ask the children:

"Have you ever prayed for someone else—like a friend, family member, or teacher?"

Explain:

"Let's see what happens when we pray for others when we ask God to help, bless, or protect someone else."

Step 2: Demonstrate with a Web

Hold the ball of yarn and say:

"Imagine this ball of yarn is your prayer. When you pray for someone else, it connects you to them and to God."

Pass the ball to a volunteer while holding the end of the yarn. Have the volunteer say a short prayer for someone and then pass the yarn to another child, keeping hold of their piece. Continue with several children.

Explain:

"See how the yarn creates a web? Each prayer connects us to God and to each other. Our prayers can support and protect others, even if we can't be with them."

LESSON

Have you ever thought, “I’m just a child, what can I really do?” The Bible has a wonderful answer for that question.

Today’s story is about a young girl, not much older than you. She didn’t have special powers, a crown, or a big stage. But she had something very important—a kind heart, brave faith, and trust in God. Because of her, a very sick man was healed, and many people learned about God.

Long ago, there lived a brave soldier named Naaman. He was an important leader, but he had a terrible sickness called leprosy. No one could heal him.



Living in Naaman’s house was a little servant girl from Israel. She had been taken away from her home and family. She was far away, lonely, and probably sad. She could have been angry. She could have stayed quiet. But instead, she chose kindness.

One day, the little girl noticed that Naaman was suffering. Even though he was her master, and even though she had been stolen away from her family, she felt sorry for him.

She said to his wife: "If only my master were with the prophet in Israel! God could heal him." Those were brave words. She believed that God could help, and she cared enough to speak up. That is called compassion. Caring about someone else's pain. The Bible does not tell us that the little girl prayed out loud, but her heart was full of prayer for someone else. This kind of prayer is called intercessory prayer.



intercessory prayer means praying for others:

Praying for someone who is sick. Praying for someone who is sad.

Praying even for someone who may not be kind.

The little girl prayed in her heart and trusted God to do the rest and what happened next? Because the little girl spoke with kindness and courage, something amazing began to happen. First, Naaman decided to listen. Even though he was a powerful soldier, he did not ignore the words of a young servant girl. He believed there might be hope. So he travelled all the way to Israel, the land where the little girl said God's prophet lived

When Naaman arrived at the prophet Elisha's home, prophet Elisha did not come out with fancy words or special tricks. Instead, he sent a message with his servant telling Naaman to wash in the Jordan River seven times.

At first, Naaman felt upset. The instructions seemed too simple. For a moment, he almost turned away. But his servants encouraged him to do what the prophet said.

Naaman's servants said, "Naaman, if God had asked you to do something hard or amazing, you would have done it. So why not do this simple thing? Just obey God."

Naaman's servants acted like true friends:

They stayed close. Friends do not walk away when things get hard.

They spoke kindly and gave wise advice. Friends help us think clearly about our difficult experiences. They encourage obedience. Friends encourage us to do what is right.

So Naaman decided to obey God. He went to the river. He dipped seven times. And when he came up the seventh time, something incredible happened. Naaman was completely healed! His skin was clean and healthy, just like new.

But the greatest miracle happened inside Naaman's heart. Naaman realized that the God of Israel was the one true God, a God who heals, loves, and keeps His promises. He knew that this miracle did not come from power, money, or strength, but from obedience. All of this began because a young girl chose compassion instead of anger and courage instead of silence. She cared enough to speak, trusted God enough to believe, and helped change a life forever.



The Bible tells us in James 5: 16 - "...Pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working." The Little maid understood this. And that is why we remember her story today. God can use any child who prays with kindness and courage.

And we shouldn't only pray for those who love us, but also for our enemies and those who hurt us (Matthew 5:44). With His power, God can change that person's life.

So what can we learn from this story?

- God can use children. You do not have to be big or famous for God to use you.
- Prayer helps others. When you pray for someone else, God listens.
- Kindness is powerful. Being kind can change hearts and lives.

The little maid was just a child, but God used her in a big way.

When you pray with kindness, courage, and faith, God can use you too. Let us all be children who care, children who pray, and children who trust God.





Closing Prayer

Dear God, thank You for teaching us to be kind and brave. Help us to pray for others, even when it is hard. Use our small prayers to do big things. In Jesus' name, Amen.



Monday's Activity: The Compassion Wall

The Compassion Wall (This can be done in the classroom or on a large wall in the hall. Encourage students to add prayer requests throughout the week)

Write the name of someone you want to pray for: It could be a friend, a family member, a teacher, or someone who is sick.

Place the name on the wall. Each day, we will pray for those people together. This helps us remember that God wants us to pray for others.



Promotion for tomorrow's lesson

A boy. A sling. A giant. He was small. They said he couldn't win. But he had something more powerful than a sword. Can you guess what that is? Tomorrow, come hear how a little shepherd boy prayed and found courage to face a giant...and how you can too!

*** This can begin with two boys dramatizing part of the encounter between David and Goliath.



TUESDAY

David the Shepherd Boy: Prayer Gives Courage

Key Text: "The Lord who saved me from the paw of the lion and from the paw of the bear will save me from the hand of this Philistine." – 1 Samuel 17:37



Object Lesson: The Courage Cup

Theme: Prayer Gives Courage

Objective: Show children that prayer can give them courage to face fears, challenges, and situations that feel scary or overwhelming.

Materials Needed:

A transparent mug

Water

Stones with the following words, prayer, Bible study, Bible promises, written on them

Step 1: Introduce the Concept

Hold up the transparent mug and say:

"Sometimes we feel scared. Maybe it's a test at school, talking to someone new, standing up for what's right, or trying something for the first time."

Ask:

"How does it feel when you're scared or worried?"

Step 2: Demonstrate Prayer Gives Courage

Fill the cup halfway with water and explain:

"This water is like our courage—it can be small when we try to face things on our own."

"Now imagine we bring our fears to God in prayer. We ask Him to give us strength and courage. (Add the prayer stone, the courage stone, the strength stone) See how the water fills the cup? That's like prayer giving us courage from God—it makes our hearts stronger and braver!"

LESSON

Have you ever been afraid? Maybe you were nervous about a test, worried about a big game, scared to talk to a new friend, or even frightened of being alone. Everyone feels fear sometimes, even heroes in the Bible. But did you know that prayer can give you courage? That's exactly what happened with David, a young shepherd boy who faced one of the scariest challenges in the Bible. Even though he was small and young, David's trust in God gave him the courage to face a giant. And that same God can give you courage today.

David was a shepherd boy, taking care of his father's sheep. It was a quiet, lonely job, but it taught David important lessons:

How to protect the weak How to stay alert and brave How to trust God every day David often faced dangers—lions, bears, and other wild animals. But David didn't rely only on his strength. He prayed and trusted. God to help him. In Psalm 23, which we heard earlier, David says, "God takes care of me, gives me what I need, and is always with me, even when things are hard." So, David trusted God.



One day, David faced something much bigger than a lion or a bear. He faced a battlefield and a giant named Goliath, a giant warrior who terrified the Israelite army.

One day, David faced something much bigger than a lion or a bear. He faced a battlefield and a giant named Goliath, a giant warrior who terrified the Israelite army. Everyone else was scared, even soldiers twice his size. But David was not afraid. He was brave, not because he was stronger, but because he knew God was with him.

Before David fought Goliath, he remembered his experiences as a shepherd. He thought about the times God had protected him: "The Lord who saved me from the paw of the lion and from the paw of the bear will save me from the hand of this Philistine." - 1 Samuel 17:37. This was the prayer of David's heart. And it made him brave enough to step onto the battlefield, face a giant, and trust God to do what only God could do.

Stepping out onto the battlefield was David's



prayer in action. It wasn't long or fancy, but it was full of faith and trust. What did this prayer include?

He prayed: thanking God for past victories, asking God for strength for that day and trusting God to guide his hands and heart. And

do you know how the story ends? David defeats the giant, and leads the Israelites to victory.

Like David, we all face "giants" in life. These giants might not be tall men with swords they could be!

A scary test at school

Fear of speaking in class

A disagreement with a friend

Feeling alone

But David's story teaches us the following lessons:

- Prayer gives us courage, even when we feel small or scared.
- Having courage isn't about never being afraid, it's about doing the right thing with God's help.
- Courage comes from trusting God. Just like David, we can step forward to face any problem, with a prayer in our heart,

believing that God will do what He has promised. Remember what God says in Deuteronomy 31:6, "Be strong and brave...Don't be frightened. The Lord your God will go with you. He will not leave you or forget you."

David was small. He was young. He had no armour and no sword, except his faith and a sling. But his prayer gave him courage, and God used him to do something amazing. He used him to defeat Goliath.

Just like David, you can pray for courage. You can trust God to help you face your "giants," no matter how scary they seem.

Remember: Prayer gives you strength to face challenges.

God can do amazing things through even a small, brave heart.





Closing Prayer

Dear God, thank You for showing us through David that prayer gives courage. Help us to trust You when we are scared. Give us brave hearts to face challenges at school, home, and with friends. Amen.



Tuesday's Activity: Praying for Courage

Ask each student to think about a fear they have.

It could be a fear of speaking in class, performing, making new friends, or anything that worries them.

Pair up students. Each student shares their fear with their partner.

Students pray together for courage, asking God to help them face their fears with bravery.

(Optional) Write down the fear and prayer on a piece of paper to take home as a reminder that God is with them.



Tomorrow's Promotion-The Boy with Five Loaves and Two Fish

He was just a boy. Not a warrior, not a leader, not someone important in the crowd. He was small... his lunch was small... but his heart was willing. He didn't know it yet, but God was about to use him to bless thousands.

And tomorrow, you get the chance to do the same! You will be invited to place one gift, habit, or talent into our "Gift to God Basket," as your way of saying, "God, I give this to ou-please use it."



WEDNESDAY

The Boy with Five Loaves and Two Fish

Key Text: "There is a lad here who has five barley loaves and two small fish, but what are they among so many?"

John 6:9 - 11



Object Lesson: Small Gifts, Big Blessings

Theme: What We Give to Jesus Can Become Much More

Objective:

Show children that even small things we give to Jesus—our prayers, talents, time, or offerings—can be multiplied by Him to bless many people.

Materials Needed:

Water babies

A large transparent bowl or container

Water

Step 1

Hold up a small cup of water babies and say:

"Imagine this is all we have to give Jesus—just a tiny gift. Maybe it's a little kindness, a prayer, a talent, or something we share."

Ask the children:

"Do you think this little bit can make a difference?"

Step 2: Demonstrate Giving to Jesus

Pour the water babies into the large bowl of water.

Say:

"This is like giving our small gifts to Jesus. We offer what we have, even if it seems tiny."

Step 3: Jesus Multiplies

Slowly stir to show how water babies expand.

Explain:

"When we give to Jesus, He can take what seems small and make it much bigger. He can bless many people with what we offer."

LESSON

Have you ever looked at something you had and thought, "This isn't enough"? Maybe you tried to help but felt too small. Maybe you wanted to do something good but felt you didn't have enough time, talent, or you did not think you were brave enough?

The Bible tells us a story about a boy who might have felt this same way—but he still chose to trust Jesus.

One day, Jesus was teaching a very large crowd. The Bible says there were thousands of people listening to Him. They had been there all day, listening and learning, and now they were hungry. The disciples became worried. "How can we feed all these people?" they asked.

To them, the problem seemed too big. They looked at what they didn't have instead of what they did have. In the middle of this crowd was a young boy. He had a very delicious lunch that his mother lovingly prepared and packed in a basket for him. His lunch was five small loaves of bread and two small fish. It wouldn't even feed a family, let alone a crowd. It wasn't much but he was willing to share it. He could have said, "This won't help anyway." But instead, the boy chose to give.

When he gave his lunch to
he was showing trust.

was saying without words
"Jesus, I give You what I have".

This boy teaches us some
-thing very important:

Giving is a form of prayer.



When we surrender something to God, we are praying with our actions. This is called a prayer of surrender. A prayer of surrender says: "God, I trust You." "God, I give You control." "God, use me."

The boy didn't ask how Jesus would use his lunch. He just gave it.



The Bible tells us that Jesus took the bread and fish, gave thanks, and gave it to His disciples to give to the people. And something amazing happened. The food did not run out. Everyone ate until they were full. There were leftovers—more than they started with. Twelve baskets of bread were collected.

What was small in the boy's hands became great in Jesus' hands. This teaches us a big lesson: God blesses what is given to Him.

So, what can we give to God today?

You may not have bread and fish to give Jesus—but you do have something very important. God has already given you special abilities. Every one of us has something we can offer Him.

You can give God your time when you choose to pray, read your Bible, or help someone instead of rushing off to play. This says, "God, I give you control." Time is a precious gift, and God is happy when we choose to spend some of it with Him. The time spend, makes us more like Him.

You can also give God your kindness when you choose to speak gently, share with others, forgive a friend, or help someone who feels left out. Kindness shows God's love in a way people can see and feel. You can give God your voice when you sing, pray out loud, encourage someone, or speak up for what is right—even when it feels a little scary. God can use your words to lift someone's heart.

Your helpful hands can also be given to God when you clean up, help at home, assist a classmate, or serve in church. Every act of service, even small ones, matters to God. This is a prayer saying, "God, use me." You can give God your obedience when you choose to do what is right, even when no one is watching. Obedience tells God, "I trust You and want to follow Your ways."

Most of all, you can give God your heart—your love, your trust, and your willingness to let Him lead your life. When God has your heart, He can guide everything else.



When we place these gifts into God's hands, just like the boy placed his lunch into Jesus' hands, God can take what seems small and use it in big and beautiful ways. So, feeding thousands of people with just a little boy's lunch is a great miracle.

But the miracle did not begin with the food. It began with a boy who was willing to share. The boy did not know what Jesus would do. He just knew he could trust Him. And God still works this way today. He is not looking for the biggest gift. He is looking for the most willing heart.

Today, God is inviting each of us to pray a dedication prayer.

"God, here I am. Use what I have. Help me trust You with my life."

When we give God our talents, our habits, and our hearts, He can use us to bless others—sometimes in ways we never imagined.

Remember the boy was not famous. He was not rich. But he was remembered forever because he trusted Jesus.

Always remember that nothing is too small when given to God. God multiplies what we place in His hands. And God can use YOU. When you give God what you have, He can do far more than you can imagine.



Closing Prayer

Dear God, we thank you for this lesson. Please help us to always remember that we are not too young to be used by you. Help us to trust You always and to be willing to give what we have to be used by You, in Jesus' name, Amen



Wednesday's Activity- The Gift Basket

Just like the boy placed his lunch in Jesus' hands, you can place something in God's hands today.

Option #1-Write one ability you have that you want God to help you use to bless others.

Place it in the Gift to God Basket as a prayer.

This is your way of saying: "God, I give this to You."

Option #2- Each child can bring a fruit or food item to make food hampers/fruit baskets to give to members of the community.



Promotion for 'Rhoda and the Knock!- Tomorrow's story.

He was locked up...The prison walls were tall, the guards were many... and it seemed impossible to get out. But his friends were praying for him... praying hard.

Suddenly... a light shone in the dark prison, an angel appeared, and his chains fell off! He quietly walked past the guards... free! Can you imagine the excitement? Who would believe it? Tomorrow, we are going to learn this incredible story about how God answers prayers.

You'll also get to share your own answered prayers on our "Answered Prayer Board" and celebrate the amazing things God has done in your life!



THURSDAY

Rhoda: Expecting God to Answer

Key Text: Acts 12:13-16 And when he knocked at the door of the gateway, a servant girl named Rhoda came to answer. Recognizing Peter's voice, in her joy she did not open the gate but ran in and reported that Peter was standing at the gate. They said to her, "You are out of your mind." But she kept insisting that it was so, and they kept saying, "It is his angel!" But Peter continued knocking, and when they opened, they saw him and were amazed.



Object Lesson: Direct Line to God

Theme: We Can Speak Directly to God

Objective: Show children that prayer is a direct conversation with God, and that unlike messages passed from person to person, nothing gets lost. God hears exactly what we say and answers.

Step 1: Introduce the Concept

Say:

Let's play a game. It's called Telephone.

Have several students form a line. Give the first student a message to share. Have them whisper the message from person to another until it gets to the last person. Ask the last child to say the message out loud.

Share the correct message.

Step 2: Contrast With Prayer

"Now imagine you could send your message straight to God, and He would hear every word exactly as you said it and answer just what you ask."

Explain:

"That's what prayer is like! When we pray, we don't have to worry about someone forgetting, mishearing, or changing the message. God hears us perfectly, every time and answers according to what we ask".

In today's lesson, God heard the prayers of a group of people and answered.

LESSON

Imagine you are waiting for something really exciting—maybe a gift, a friend's visit, You can barely sit still. Your heart is pounding. Every second feels like a minute, and you just can't



wait! That's exactly what happened in the story of Rhoda, a young woman in Bible times. Peter, one of Jesus' disciples, had been locked up in prison. He was alone. The believers, Peter's friends, gathered and prayed sincerely for God to save him. They prayed with faith, trusting that God could do the impossible. And here's the most exciting part: God answered their prayers!

Let's back up a bit. Peter was in prison because King Herod wanted to stop him and his friends from teaching people about Jesus. He was locked up with heavy chains and guards all around. It seemed impossible for anyone to get out. Well, that would probably be impossible for Peter, but Peter had God on his side and God had a plan. God always has a plan. Jeremiah 29:11 tells us that He has a plan for each of us and His plans for us are great.

One night, while Peter was sleeping, an angel of the Lord appeared. Suddenly, light filled the prison, and the angel touched Peter.

"Get up quickly!" the angel said.

Peter's chains fell off! The angel led him past the guards and through the gates of the prison. Every obstacle seemed to disappear.

When Peter realized he was free, he understood that this was not luck. This was God's miracle! He quietly went to the house where the believers were praying, hoping to surprise them with the good news.



Even though Peter was freed, he didn't just run away to hide. He went straight to the people who had been praying for him. That's why Rhoda heard him the door and ran to tell everyone the amazing news! When Peter knocked at the door, Rhoda was the one who heard him first. Can you picture it? Her heart skipped a beat. She was so excited that she didn't even open the door.

Instead, she ran back to the others, shouting, "Peter is at the door!" The people she ran to didn't

believe her at first. "You're crazy!" they said. Imagine her surprise—and maybe a little frustration—when they didn't believe such wonderful news! Eventually, the others realized she was telling the truth, and Peter was indeed there, safe and free.

Rhoda's joy and excitement teach us some very important lessons. It's okay to be excited about God's answers. Rhoda didn't hide her joy.

She ran and shouted! When God answers our prayers, it's natural to feel excited, happy, and thankful and let others know what God has done.

Expecting God to answer shows faith. The believers had been praying for Peter for a while. Rhoda's joy came because she expected God to act. When we pray, we can trust that God hears us and will answer in His perfect timing.

Thanksgiving is important. Sometimes we pray and forget to say "thank You" when God answers quickly or in ways we didn't expect. Rhoda's story reminds us that celebrating and thanking God is an important part of prayer.

We can follow Rhoda's example by offering thanksgiving prayers. Thanksgiving is when we tell God how grateful we are for the things He has already done. We can pray:

"Thank You, God, for hearing my prayers."

"Thank You, God, for answering my prayers even faster than I expected."

"Thank You, God, for taking care of me, my family, and my friends."

When we pray with thanksgiving, we show God that we trust Him, we believe He answers prayers, and we celebrate His goodness. Rhoda's story reminds us that God is always listening.



He cares about what we are praying for, and He sometimes answers even faster than we can imagine! The next time you pray, remember to:

Expect God to answer.

Be joyful when He does.

Celebrate His goodness with excitement!

Give thanks. Never forget to say, "Thank You, God," for prayers already answered.

Just like Rhoda, your joy and gratitude can inspire others to trust God too. And when you pray with a heart full of faith and thanksgiving, you are showing God that you believe in His power and love—just as Rhoda did— with faith and trust.



Closing Prayer

Dear Father in heaven, thank You for the lesson about Rhoda and Peter that taught us that You hear our prayers, just like You heard the prayers of the people who were praying for Peter. Thank You for answering, even sometimes faster than we expect! Help us to be like Rhoda—excited, joyful, and full of faith when we see Your answers. Teach us to always trust You, even when things seem impossible.

We give You thanks for all the prayers You have already answered in our lives. Help us to remember Your goodness every day and

share our joy with others. Help us to continue to pray with faith, expect Your answers, and say thank You with all our hearts. In Jesus' name, we pray, amen.





Thursday's Activity: Answered Prayer Board

Materials Needed:

A bulletin board, wall, or large poster board

Sticky notes or small sheets of paper

Markers, crayons, stickers (optional for decorating)

Instructions:

Think of a prayer God has answered-big or small.

Write a short description of the answered prayer.

You can draw, colour, or add stickers to make your note personal.

Place the note on the "Answered Prayer Board".

Celebrate Together:

Take a few minutes to read some of the notes aloud and thank God for answering prayers. Encourage children to shout "Thank You, God!" after each answered prayer is shared.



Obeying God! Standing Faithful - Tomorrow's story

They were just young boys taken far from home, surrounded by a strange land and powerful rulers. Everyone around them made the wrong choice... but Daniel and his friends chose to obey God!

What would you do in their place?

Join us tomorrow to step into their story, see how they trusted God when it was hard, and learn how your choices can matter too. Come ready to be see how their story can!



FRIDAY

Daniel, Shadrach, Meshach and Abednego: "We Choose to Obey God"

Key Text: Daniel 1:8 ut Daniel purposed in his heart that he would not defile himself with the portion of the king's delicacies, nor with the wine which he drank; therefore he requested of the chief of the eunuchs that he might not defile himself.



Object Lesson: The Choice Line

Objective:

Show children that obedience to God sometimes means standing alone, but God is always with those who obey.

Materials Needed:

A rope, string, or tape line on the floor to represent a "choice line"

Two signs: "God's Way" and "My Way / Everyone Else's Way"

Optional: slips of paper with example choices (e.g., tell the truth, be kind, pray, obey parents, etc.)

Setup:

Place the line on the floor.

Label one side "God's Way" and the other side "Everyone Else's Way".

Step 1: Introduce the Concept

Hold up the line and say:

"Every day we make choices. Some are easy, some are hard. And sometimes obeying God feels like standing on one side-by yourself."

Step 2: Invite a Volunteer

Ask a student to stand on the "God's Way" side of the line.

Say:

"Imagine standing here, making a choice to obey God when everyone else is choosing differently. That's what it felt like for Daniel, Shadrach, Meshach, and Abednego. They could have enjoyed the king's food like everyone else, but they chose God instead."

Step 3: Add Real-Life Choices

Read out slips of paper with simple examples of choices:

Tell the truth / Lie

Pray / Ignore God

Be kind / Be mean

Follow rules / Break rules

Ask:

"Which side would you stand on?"

Have a few children demonstrate by stepping on the correct side of the line.

Conclude:

"Sometimes, doing the right thing means standing alone. That's okay—God is with you."

LESSON

Every day, people make choices. Some are small, like what to eat for breakfast or which game to play. Others are bigger like whether to tell the truth, be kind to someone, or follow rules when no one is watching. The Bible teaches that obedience to God is always the best choice, even when it's difficult. Daniel and his friends show us that you can stand firm for God and that choosing God's way is always worth it.

Daniel, Shadrach, Meshach, and Abednego were just teenagers when they were taken from their homes in Jerusalem to Babylon.

In Babylon everything was different. Daniel and his friends were among the young men who ate their meals at the



king's table. But Daniel knew that the king's meals had unclean foods which God said we should not eat. The Bible says, "Daniel resolved not to defile himself with the royal food and wine." (Daniel 1:8) This means that Daniel decided that he would not disobey God. Daniel and his friends politely asked to eat different foods and trusted God to bless them for their obedience. And God did! They were given permission to eat their special diet of beans and vegetables and fruits and drink water.

After their period of training, when all the young men were tested, Daniel and his friends had test scores which were way better than the others. God had blessed them with wisdom and understanding and they were healthier than the others as well. God blessed them because of their obedience.

Obedience means more than just following rules. What does this mean?

It means choosing to do what God says, even when it feels hard, even when others don't agree, and even when it could cost you something. Obedience means doing what God says. Daniel and his friends refused to eat the king's food because they knew it went against God's rules. Obedience starts with listening to God's Word and following it.

Obedience means doing what God says even when no one else does. Daniel's friends stood by their decision to only eat foods that were good for their bodies. Obeying God often means standing alone and trusting Him, even if your friends don't understand.

Obedience means doing what God says even when it's uncomfortable. Daniel and his friends were far from home, in a new country, and surrounded by strange people with different ways of living. Obedience can be uncomfortable because it sometimes means saying "no" when others say "yes."

Daniel, Shadrach, Meshach and Abednego were not fearless. They were ordinary boys with fears, doubts, and worries just like you and me. But they were faithful, and God gave them courage to do what was right. These boys prayed and asked

God for help. When we pray and ask God for help, He gives us strength to say no to wrong choices.

You might be tempted to lie, cheat, or join in when others are doing something

wrong. God helps you resist those temptations.





When we pray and ask God for help, He gives us courage to stand alone. Sometimes doing the right thing means standing alone. When we pray and ask God for help, He gives us peace when we are afraid. God can calm your heart when you are scared. You don't have to feel strong on your own; He is with you, helping you be brave.

The amazing part is this: you don't have to be a grown-up to obey God. Courage comes from trusting God with your heart and your choices. Even as a child, you can be bold and faithful. Even if you face challenges, teasing, or danger, God promises to be with you when you choose to obey Him. He sees your heart, hears your prayers, and rewards faithfulness in ways you may not see right away.

Obedience isn't just about not getting into trouble, it's about growing closer to God, showing that you trust Him, and letting your life be an example for others. Daniel, Shadrach, Meshach and Abednego became heroes of faith because they chose to obey God. And the truth is: you can be a hero of faith too. Every small choice you make to obey God, telling the truth, being kind, praying, or standing up for what is right matters to Him.



Closing Prayer

Dear God, Thank You for loving us and for showing us the example of Shadrach, Meshach and Abednego. They were children like us, but they trusted You and chose to obey, even when it was hard. Please help us to be like them. Give us courage to do what is right, even when others make wrong choices.

Help us to stand strong for You when we are scared, lonely, or tempted to follow the crowd. God, teach us to listen to Your voice, to obey Your Word, and to trust You with our hearts. Give us strength to say no to wrong choices, peace when we are afraid, and faithfulness in everything we do. May we shine as examples of Your love and obedience to others we ask this in Jesus' name, Amen.



Friday's Activity: Obedience Plate Craft – Choosing God's Way

Materials Needed:

Paper plates (one per child)

Markers, crayons, or coloured pencils

Glue or tape

Magazines or printed pictures of foods, activities, and choices (optional)

Scissors

Stickers or decorations

Prepare the Plate

Give each child a paper plate.

Divide the plate into two halves.

Left side: "Easy Choices", Right side: "God's Choices" –

Decorate the Plate

Easy Choices side: Draw, write, or paste pictures of things that might distract from God's way. Things or actions that are tempting or popular but not always God's best like junk food, lying, teasing.

God's Choices side: Draw, write, or paste pictures of actions, foods, habits, and decisions that honour God like healthy foods, telling the truth, helping others, praying, or obeying parents/teachers

Hang plates on a classroom bulletin board under the title: "Our Choices to Obey God Like Daniel, Shadrach, Meshach, and Abednego"

FUN ACTS OF PRAYER



1 You Can Pray at Any Time

First Fun Fact About Prayer is that you can pray at anytime. How do I know that? Mark 1:35 tells me that Jesus prayed very early in the morning, while it was still dark. Luke 6:12 says that He often spent the night praying.

In Acts 16 Paul and Silas prayed at midnight.

The books of Acts tells us in the 3rd chapter that Peter and John went up to the temple to pray at three in the afternoon and the Psalmist David says in Psalm 55:17 that he cried out to God morning, noon, and night and God heard his voice. So boys and girls while it is a wonderful thing to begin your day with prayer you don't have to wait until evening to talk to God again...because you can talk to Him morning noon and night. You can talk to Him at any time, whenever you want to... and He hears our prayers.

2- You Can Pray Anywhere

The Bible tells us the story about a man named Jonah. We talked about that story some time ago. Jonah tried to run away from God but ended up in the belly of a big fish. Do you know how long he was in the slimy belly of the fish? He was there for three whole days. And can you guess what he was doing? He was praying. Jonah was praying to God from in the belly of a fish. You see he knew this next fact that makes prayer fun... You can pray anywhere. It doesn't matter where you are you can talk to God and He hears. He heard Jonah and told the fish to spit him out and the fish obeyed.



3- We Can Talk to God About Anything

Some people think that God is only interested in some things about us but He is concerned about everything in our lives. So, boys and girls you can pray about anything. And we are encouraged to come to Him in prayer.

In Psalm 54 David prayed for protection from his enemies. 1 Samuel 1 tells us that Hannah prayed for a baby and in Matthew 9:15, Jesus prayed a blessing on the loaves of bread and fish. We can also pray for forgiveness as is seen in Psalm 51.

Nothing is too big or too small to talk to God about. He is concerned about everything in our lives.

4 – God Always Answers Our Prayers

God answers all our prayers... Wherever we pray, whatever or whomever we pray for, there is nothing that we ask that is too big for God to do. And nothing is too small to talk to Him about. And He says, in Jeremiah 33:3 "call on Me and I will answer and boys and girls He answers in the way that is best for us. He is mighty, He is powerful, He is awesome and nothing is impossible with Him.

5- We Have an Open Invitation to Prayer

When someone invites you to join them in an activity or to a special event, it means that you are special and that they enjoy having you around. Some persons get an open invitation to their friends' homes. This means they are welcomed to come by anytime. God gives us an open invitation to. It's an open invitation to talk to Him through prayer. In Jeremiah 33:3. God says, "Pray to me and I 45



will answer you". In Matthew 7:7 He says, "Continue to ask and God will give you, continue to search and you will find, continue to knock and the door will be opened for you". In these verses God does not say when to pray or when not to pray. That means that we can talk to Him at any time. And that's an open invitation to talk to God. Our special time to talk to God is every time we call on Him.

Children's Day of Prayer: The Elements of Prayer



(Suggested time for each segment is 30 minutes. Timeline for the day can be created by each institution)



Segment 1: Welcome and Introduction

Objective: Remind children of the importance of prayer.

Activities:

Icebreaker: 'Prayer Pals' – Children pair up and share one thing they want to pray for today.

Create a 'Prayer Tree' poster where they will add leaves throughout the day with their prayer ideas. (You will need leaves of different colours according to the prayer element)

Short discussion: What is prayer and why is it important?

Segment 2: Praise

Objective: Teach children that prayer begins with honouring God for who He is.

Scripture: Psalm 100:1-5

Activities:

Sing a short children's worship song.

Draw or decorate a "Praise Poster" – each child writes or draws something about God they love or thank Him for.

Group prayer praising God for His goodness. Form a circle. Let each child say one thing they praise God for.

Segment 3: Thanksgiving

Objective: Help children understand the importance of thanking God for blessings.

Scripture: 1 Thessalonians 5:16-18

Activities:

Storytelling: Share a short story of answered prayers. (This could be personal or a Bible story).

Children write one thing they are thankful for on a "Thankful Leaf" and add it to the Prayer Tree.

Short group prayer of thanksgiving.

Segment 4: Confession

Objective: Teach children the importance of confessing wrongs and asking for forgiveness.

Scripture: 1 John 1:9

Activities:

Role-play: A scenario where someone makes a mistake and learns to say sorry to God and friends.

Reflection Activity: Children write one thing they want to ask God to forgive them for and place it in a 'Confession Box' (anonymous).

Silent prayer for forgiveness.

Segment 5: Intercession (Praying for Others)

Objective: Teach children to pray for family, friends, community, and the world.

Scripture: James 5:16

Activities:

Map Prayer: Show a map of their country or world; children place stickers on areas or communities they want to pray for.

Children pick a 'Prayer Partner' and pray for each other.

Group prayer aloud for family, community, and friends.

Segment 6: Supplication (Asking God for Needs)

Objective: Teach children that it is okay to ask God for help and guidance.

Scripture: Philippians 4:6

Activities:

Children make 'Prayer Request Cards' for something they need or want God to help with. Add the cards to the Prayer Tree or place them in a 'Prayer Box.'

Guided group prayer asking God for specific needs.



Segment 7: Closing Celebration

Objective: Celebrate the day and reinforce what was learned.

Activities:

Children share their favourite part of the day or a prayer intention.
Closing group prayer thanking God for the lessons learned and asking Him to help them continue practicing prayer daily.

Take-home: Small 'Prayer Journal' or bookmark to encourage continued prayer practice.

